



GROW WITH BOOKS

Annotated Bibliography



Grow with Books Collection

- ❖ Activity Schedules for Children with Autism: Teaching Independent Behavior
- ❖ Accessible Gardening for People With Disabilities
- ❖ After the Tears: Parents Talk About Raising a Child With a Disability
- ❖ Alphabet Keeper (The)
- ❖ ADD/ADHD Checklist (A): An Easy Reference for Parents & Teachers
- ❖ After the Tears: Parents Talk About Raising a Child with a Disability
- ❖ Alex: The Fathering of a Preemie
- ❖ All About Asthma
- ❖ All Kinds of Friends, Even Green
- ❖ All the Colors We Are: The Story of How We Get Our Skin Color
- ❖ Andy and his Yellow Frisbee
- ❖ Animal Signs
- ❖ Are There Stripes in Heaven?
- ❖ Arnie and the New Kid
- ❖ Asperger Syndrome & Your Child
- ❖ Asperger Syndrome in Adolescence: Living With the Ups, the Downs and the things In Between
- ❖ Babies With Down Syndrome – A New Parent’s Guide
- ❖ Baby Duck and the Bad Eyeglasses
- ❖ [Ballerina Dreams](#)
- ❖ Be a Friend – Children Who Live With HIV Speak
- ❖ Becky the Brave – A Story About Epilepsy
- ❖ Becoming Naomi Leon
- ❖ Behavioral Intervention for Young Children with Autism (Right from the Start) – A Guide for Parents and Professionals
- ❖ Ben Has Something to Say

- ❖ Berenstain Bears and the Wheelchair Commando (The)
- ❖ Best Books for Kids Who Think They Hate to Read
- ❖ [Best Worst Brother](#)
- ❖ Breastfeeding Your Baby: A Practical Guide for the New Mother
- ❖ Brian's Bird
- ❖ Brothers and Sisters: A Special Part of Exceptional Families
- ❖ Building for a Lifetime – The Design and Construction of Fully Accessible Homes
- ❖ Building the Healing Partnership
- ❖ Bully, Bullied, and Bystander (The): From Preschool to High School – How Parents and Teachers Can Help Break the Cycle of Violence
- ❖ Cerebral Palsy – A Complete Guide for Caregiving
- ❖ Charlsie's Chuckle
- ❖ [Chicken Soup for the Soul: Children With Special Needs](#)
- ❖ Children Just Like Me: A Unique Celebration of Children Around the World
- ❖ Children With Autism: A Parent's Guide
- ❖ Children With Disabilities: A Medical Primer
- ❖ Children With Facial Differences: A Parent's Guide
- ❖ Children With Cerebral Palsy: A Parent's Guide
- ❖ Children With Epilepsy: A Parent's Guide
- ❖ Children With Mental Retardation: A Parent's Guide
- ❖ Children with Spina Bifida: A Parents' Guide
- ❖ Children With Tourette Syndrome: A Parent's Guide
- ❖ Choices in Deafness: A Parent's Guide to Communication Options
- ❖ Children with Visual Impairment: A Parents' Guide
- ❖ Communication Skills in Children With Down Syndrome
- ❖ Common Sense Discipline: Building Self-Esteem in Young Children/Stories From Life

- ❖ Count Us In: Growing Up With Down Syndrome
- ❖ Creative Play Activities for Children With Disabilities: A Resource Book for Teachers and Parents
- ❖ Criando a Nuestros Ninos: Educando a Ninos Latinos en un Mundo Bicultural
- ❖ Dad and Me in the Morning
- ❖ Dad, Jackie and Me
- ❖ Daddy Poems
- ❖ Day That Was Different (The): September 11, 2001: When Terrorists Attacked America
- ❖ Days in Waiting: A Guide to Surviving Pregnancy Bedrest
- ❖ [Deaf Musicians \(The\)](#)
- ❖ Deaf-Blind Infants and Children: A Developmental Guide
- ❖ [Delaware: Bilingual Book of the United States](#)
- ❖ Demystifying Autism Spectrum Disorders: A Guide to Diagnosis for Parents and Professionals
- ❖ Difference in the Family: Living With a Disabled Child
- ❖ Different and Wonderful: Raising Black Children in a Race-Conscious World
- ❖ Discipline from Birth to Three
- ❖ Does My Child Have a Speech Problem?
- ❖ Each Little Bird That Sings
- ❖ Early Focus: Working With Young Blind and Visually Impaired Children and Their Families
- ❖ Early Intervention Dictionary (The)
- ❖ Eating Expectantly – A Practical and Tasty Guide to Prenatal Nutrition
- ❖ [Elephant in the Play Room: Ordinary Parents Write the Extraordinary](#)
- ❖ [Elijah of Buxton](#)
- ❖ Enabling and Empowering Families
- ❖ Encyclopedia of Grandparenting (The): Hundreds of Ideas to Entertain Your Grandchildren
- ❖ [Engaging Autism: Helping Children Relate, Communicate and Think](#)

- ❖ Even Little Kids Get Diabetes
- ❖ Family-centered Early Intervention With Infants and Toddlers
- ❖ Fathers and Babies – How Babies Grow and What They Need From You
- ❖ Fathers and Toddlers
- ❖ Father’s Almanac (The)
- ❖ Featherless/Desplumado
- ❖ Fine Motor Skills in Children with Down Syndrome: A Guide for Parents and Professionals
- ❖ First Year of Life (The)
- ❖ Flying Fingers Club (The)
- ❖ For Better, For Worse: A Guide to Surviving Divorce for Preteens and Their Families
- ❖ Frankie Wonders What Happened Today
- ❖ Free Your Child From Asthma
- ❖ Friends in the Park
- ❖ From the Heart: On Being the Mother of a Child With Special Needs
- ❖ Glad Monster, Sad Monster
- ❖ [Global Babies](#)
- ❖ Good Answers To Tough Questions About Physical Disabilities
- ❖ Grandparents as Parents: A Survival Guide For Raising a Second Family
- ❖ Help for the Hyperactive Child
- ❖ Helping a Child with Non-Verbal Learning Disorder or Asperger’s Syndrome: A Parent Guide
- ❖ Helping Your Child Overcome Eating Disorders
- ❖ Helping Your Dyslexic Child: A Step-By-Step Program for Helping Your Child Improve Reading, Writing, Spelling, Comprehension, and Self-Esteem
- ❖ [Henry’s Freedom Box: A True Story from the Underground Railroad](#)
- ❖ Hiperactivo, Impulsivo, Distrajdo “Me conoces?”: Guja acerca del deficit atencional para padres, maestros y profesionales

- ❖ Hope for the Families: New Directions for Families of Persons With Retardation or Other Disabilities
- ❖ How It Feels to Live With a Physical Disability
- ❖ How My Family Lives in America
- ❖ How to Collect Your Child's Support
- ❖ How to Talk so Kids Will Listen & Listen so Kids Will Talk
- ❖ I Am Not Going to School Today!
- ❖ I Am Tyler (DVD)
- ❖ [I Can. Can You?](#)
- ❖ I Can't Always Hear You
- ❖ Ian's Walk: A Story About Autism
- ❖ If a Bus Could Talk – The Story of Rosa Parks
- ❖ I'm the Big Sister Now
- ❖ Imagine Me on a Sit-Ski
- ❖ [Jazz Babies](#)
- ❖ Kathy's Hat – A Story of Hope
- ❖ Keys to Parenting the Child With Autism
- ❖ Keys to Parenting Twins
- ❖ Kids Explore The Gifts of Children with Special Needs
- ❖ Koko Bear's New Potty
- ❖ Lee – The Rabbit with Epilepsy
- ❖ Lion Who Had Asthma (The)
- ❖ Little Tree- A Story for Children With Serious Medical Problems
- ❖ Living With a Brother or Sister With Special Needs – A Book for Sibs
- ❖ Magic of Grandparenting (The)
- ❖ Missing Rabbit

- ❖ Moses Goes to a Concert
- ❖ [My Colors, My World](#)
- ❖ New Language of Toys: Teaching Communication Skills to Children With Special Needs (The)
- ❖ My Name is Brain Brian
- ❖ My Pal Victor/Mi Amigo, Victor
- ❖ My Thirteenth Winter
- ❖ No Bigger Than a Teddy Bear
- ❖ Nobody's Perfect: Living and Growing With Children Who Have Special Needs
- ❖ On Monday When It Rained
- ❖ One Miracle at a Time
- ❖ One of the Problems of Everett Anderson
- ❖ Ordinary Families Special Children – A System Approach to Childhood Disabilities
- ❖ Our Brother Has Down Syndrome
- ❖ Out-of-Sync Child (The): Recognizing and Coping with Sensory Integration Dysfunction
- ❖ Parenting the Hurt Child: Helping Adoptive Families Heal and Grow
- ❖ Parenting Your Asperger Child
- ❖ Parent's Guide to Autism – Answers to the Most Common Questions (A)
- ❖ Parent's Guide to Down Syndrome (A)
- ❖ Parent's Guide to Coaching Physically Challenged Children
- ❖ [Place for Me \(A\)](#)
- ❖ Postpartum Survival Guide
- ❖ Premies: The Essential Guide for Premature Babies
- ❖ Petey
- ❖ Picture's Worth (A): PEC and Other Visual Communication Strategies in Autism
- ❖ Place for Grace (A)
- ❖ Portable Pediatrician (The)

- ❖ Premature Baby Book (The) – A Parent’s Guide to Coping and Caring
- ❖ Princess Pooh
- ❖ Raising a Child Who Has a Physical Disability
- ❖ Raising a Child with a Neuromuscular Disorder: A Guide for Parents, Grandparents, Friends, and Professionals
- ❖ [Raising a Thinking Child: Help Your Child to resolve Conflicts and get Along With Others](#)
- ❖ Raising Black Children
- ❖ Raising the Rainbow Generation
- ❖ Reaching Out, Joining In: Teaching Social Skills to Young Children With Autism
- ❖ Ready for Life (DVD)
- ❖ Reading With Dad
- ❖ Resource Guide for the disabled (The)
- ❖ Retarded Isn’t Stupid, Mom
- ❖ Rolling Along: The Story of Taylor and His Wheelchair
- ❖ Ruby in her Own Time
- ❖ [Rules](#)
- ❖ Russell is Extra Special
- ❖ Sarah and Puffle
- ❖ Scared Child (The): Helping Kids Overcome Traumatic Events
- ❖ Second year of Life (The)
- ❖ Shelly the Hyperactive Turtle
- ❖ Siblings With Autism – A Guide for Families
- ❖ Syndrome de Down Hacia un future major – Guia para los padres
- ❖ Single Mother’s Book (The)
- ❖ Solve Your Child’s Sleep Problems
- ❖ Some of My Best Friends are Polka Dot Pigs

- ❖ [Someone Special Just Like You](#)
- ❖ Special Education Sourcebook (The): A teacher's Guide to Programs, Materials, and Information Sources
- ❖ Special Parents, Special Children
- ❖ Stacy Had A Little Sister
- ❖ Step-by-Step Parenting: A Guide to Successful Living with a Blended Family
- ❖ Step Parenting - The Family Challenges of the Nineties
- ❖ [Steps to Independence: Teaching Everyday Skills](#)
- ❖ Story of Ruby Bridges (The)
- ❖ Sugar Free Toddlers
- ❖ Sugar Isn't Everything
- ❖ Targeting Autism: What We Know, Don't Know and Can Do to Help Young Children with Autism and Related Disorders
- ❖ Teenagers With ADD and ADHD: A Guide for Parents and Professionals
- ❖ [Ten Things Every Child With Autism Wishes You Knew](#)
- ❖ [Ten Things Your Student With Autism Wished You Knew](#)
- ❖ Thank You Mr. Falker
- ❖ Thumbs up, Rico
- ❖ Toddlers and Parents – A Declaration of Independence
- ❖ [Two Homes](#)
- ❖ Uncommon Fathers
- ❖ Very Special Critter (A)
- ❖ Views From Our Shoes: Growing Up with a Brother or Sister with Special Needs
- ❖ [We Can Do It](#)
- ❖ We'll Paint the Octopus Red
- ❖ Welcome to Kindergarten
- ❖ Welcoming All Children (Video)

- ❖ What Dads Can't Do
- ❖ What It Means to Be Daddy: Fatherhood for` Black Men Living Away From Their Children
- ❖ When Mommy Is Sick
- ❖ Wings to Fly: Bringing Theater Arts to Students With Special Needs
- ❖ You Can Call Me Willy – A Story for Children About AIDS
- ❖ You, Your Child and “Special Education” – A Guide for families With Special Needs
- ❖ Your Anxious Child: How Parents & Teachers Can Relieve Anxiety in Children
- ❖ Your Child and Health Care: A Dollar and Sense Guide for families With Special Needs
- ❖ Your Premature baby – Everything That You Need to Know About the Childbirth, Treatment and Parenting of Premature infants
- ❖ Your Premature Baby – The First Five years
- ❖ Zachary's New Home: A Story for Foster and Adopted Children

❖ *2008 BOOKS*

Grow With Books

Annotated Bibliography

Books identified with ☺ are available through all local public libraries and bookmobiles. All other books can be requested by any public library on interlibrary loan from the Delaware State Library in Dover. They can also be previewed at the Child Development Watch clinics in Milford (422-1335) and Wilmington (995-8617). (Please note: the entire Grow with Books collection can be found at the Newark Public Library, the Dover Public Library and the Greenwood Public Library.)

Topics included in “Grow with Books” range from disability-related issues such as cerebral palsy or deafness to family concerns such as parenting twins or being a grandparent. Books are annotated in alphabetical order by area of interest.

ASPERGER’S SYNDROME

Asperger Syndrome & Your Child: A Parent’s Guide ☺

By Michael D. Powers, Psy.D. (2003) (ISBN 0066209439)

A comprehensive guide which answers the most common questions and offers an encouraging outlook for your child’s future; The book gives perspective on how children live with the disorder.

Asperger Syndrome in Adolescence: Living With the Ups, Downs and the Things In Between

Liane Holliday, Editor (2003) (ISBN 1843107422)

This book is a guide for parents of teenagers with Asperger Syndrome. It addresses topics including depression, friendship and sexuality and includes chapters written by parents, professionals and adolescents with Asperger Syndrome to provide different perspectives on issues.

Helping a Child with Nonverbal Learning Disorder or Asperger’s Syndrome

Kathryn Stewart, Ph.D. (2002) (ISBN 1-57224-277-9)

The author, the founder of the first college preparatory high school for kids with NLD or Asperger’s Syndrome, offers strategies to help parents assess their child’s disorder, understand its symptoms, discover techniques that can be used at home, and access all the resources available at school and in the community.

Parenting Your Asperger Child ☺

By Alan Sohn, Ed.D. and Cathy Grayson, MA (2005) (ISBN 0999530703)

This book offers practical solutions that help parents prepare their children for a fulfilling life of social interaction outside the confines of their syndrome.

ASTHMA

All About Asthma

William Ostrow and Vivian Ostrow (1989) (ISBN 0-8075-0275-8)

A storybook about the first asthma attack.

Free Your Child From Asthma

Gary Rachelefsky (2005) (ISBN 0071459863)

A leading asthma specialist provides information for parents on topics including: recognizing the early warning signs of an asthma attack, identifying triggers for an attack, understanding medications, and communicating with your doctor to ensure that your child gets the help that is needed.

The Lion Who Had Asthma ☺

Jonathan London (1992) (ISBN 0-8075-4559-7)

A storybook about asthma.

ATTENTION DEFICIT DISORDER

The ADD/ADHD Checklist: An Easy Reference for Parents & Teachers ☺

By Sandra Rief, M.A. (2002) (ISBN 013762395X)

This resource is packed with up-to-date facts, findings, and proven strategies and techniques for understanding and helping children and adolescents with attention deficit problems and hyperactivity— all in a handy list format.

Help for the Hyperactive Child

William G. Crook, MD (1991) (ISBN 0-933478-18-6)

A guide for parents of children with hyperactivity, attention deficits and other behavior and learning problems in an easy-to-read format.

Shelly - The Hyperactive Turtle

Deborah M. Moss (1989) (ISBN 0-933149-31-X)

A storybook about ADHD for preschool and primary grade children.

Teenagers with ADD and ADHD: A Guide for Parents and Professionals

Chris A. Zeigler Dendy (2006) (ISBN 1890627313)

This guide provides information to help parents understand and provide support for their teenagers with ADD and ADHD. There are numerous practical suggestions for every day problems included in the book.

AUTISM

A Parent's Guide To Autism - Answers to the Most Common Questions ☺

Charles A. Hart (1993) (ISBN 0-671-75099-2)

This book is a question/answer format regarding autism and challenges.

A Picture's Worth: PEC and Other Visual Communication Strategies in Autism ☺

Bondy, Frost, & Bondy (2002) (ISBN 0-9331499-96-4)

Examines the value of non-verbal communication strategies for children with autism, and presents the Picture Exchange Communication System (PECS) in detail.

Activity Schedules for Children with Autism: Teaching Independent Behavior ☺

Lynn E. McClannahan, Ph.D. and Patricia J. Krantz, Ph.D. (1999) ISBN 0-933149-93-X

An activity schedule is a set of pictures or words that cues a child to engage in a sequence of activities. In this book, parents and professionals will find detailed instructions and examples to help them.

Andy and His Yellow Frisbee

Mary Thompson (1996) (ISBN 0-933149-83-2)

This storybook revolves around a little boy with autism and the feelings experienced by a new friend and a protective older sister.

Behavioral Intervention for Young Children with Autism (Right from the Start) – A Guide for Parents and Professionals ☺

Sandra L. Harris and Mary Jane Weiss (1998) (ISBN 1-890627-02-X)

This book explains how the teaching method known as intensive behavioral intervention (IBI) can benefit young children with autism and related disorders. Book discusses applied behavioral analysis (ABA) and also discusses what families should consider before choosing any treatment method for their child with autism.

Children With Autism: A Parent's Guide

edited by Michael D. Powers (1989) (ISBN 0-933149-16-6)

This book covers areas that are of special concern to families. It provides up-to-date information and discusses fears and concerns of parents.

Demystifying Autism Spectrum Disorders: A Guide to Diagnosis for Parents and Professionals ☺

By Carolyn Thorwarth Bruey, Psy.D. (2004) (ISBN 1890627348)

The definitive manual on autism spectrum disorders.

Engaging Autism: Helping Children Relate, Communicate and Think

Stanley Greenspan (2006) (ISBN 0738210285) Adult

This book redefines autism in realistic, positive terms and provides strategies for successful intervention. This is an essential book for families and caregivers of children with autism.

Ian's Walk: A Story About Autism ☺

Laurie Lears (1998) (ISBN 0-8075-3480-3)

This story conveys a complex family relationship and demonstrates the ambivalent emotions Julie feels about her autistic brother.

Keys To Parenting The Child With Autism

Marlene Targ Brill (1994) (ISBN 0-8120-1679-3)

This book explains what autism is and how it is diagnosed.

Reaching Out, Joining In: Teaching Social Skills to Young Children with Autism ☺

Mary Jane Weiss & Sandra L. Harris (2001) (ISBN 1-890627-24-0)

Introduces social skills programs to parents of preschool- and kindergarten-aged children diagnosed with one of the Pervasive Developmental Disorders (PDD), including Autistic Disorder, Asperger's Disorder, and PDD: Not Otherwise Specified.

Russell Is Extra Special

Charles A. Amenta III (1992) (ISBN 0-945354-44-4)

This heart warming portrayal of an autistic boy and his family will help children and parents understand autism.

Siblings Of Children With Autism - A Guide For Families

Sandra L. Harris (1994) (ISBN 0-933149-71-9)

This book is a guide to understanding sibling relationships, how autism affects these relationships and how families can support their other children.

Targeting Autism: What We Know, Don't Know, and Can Do to Help Young Children with Autism and Related Disorders

Shirley Cohen (1998) (ISBN 0-520-21309-2)

This guide is meant for families, educators, students and all those interested in autism. The book pays special attention to recent advances in early identification and education treatment as well as an analysis of the approaches currently available and advances in research.

Ten Things Every Child With Autism Wishes You Knew

Ellen Notbohm (2005) (ISBN 1932565302)

Ten Things is a thoughtful resource that explains the relationship between what a child with autism needs and the choices that parents can make to accommodate their needs. There are explanations of sensory issues, triggers for meltdowns, as well as tips for communicating to be understood by a very literal thinker.

Ten Things Your Student With Autism Wishes You Knew

Ellen Notbohm (2006) ISBN 1932565361) Adult

This guide helps teachers and caregivers of children with autism set up a learning environment that promotes learning conducive to their learning style.

BEHAVIOR/DISCIPLINE

Bully (The), the Bullied, and the Bystander: From Preschool to High School – How Parents and Teachers Can Help Break the Cycle of Violence ☺

Barbara Coloroso (2003) (ISBN 0-06-001430-x)

This book looks practically at the kinds of bullying, how to help bullied children heal, how to help a child that is a bully, and how to evaluate a school's antibullying policy.

Common Sense Discipline: Building Self-Esteem in Young Children/ Stories From Life ☺

Dr. Grace Mitchell and Lois Dewsnap (1995) (ISBN 0-910287-11-2)

Dramatic stories portray real-life issues and conflicts often encountered by parents and teachers of young children. Each scenario is followed by practical approaches to solving these problems.

Discipline From Birth to Three

Jeanne Warren Lindsay and Sally McCullough (1991) (ISBN 0-930934-54-7)

Part of the Teen Parenting series, this book provides useful information to all parents of infants and toddlers on how to prevent and deal with discipline as well as what behavior to expect at different ages of the young child.

How to Talk so Kids Will Listen & Listen so Kids Will Talk ☺

Adele Faber and Elaine Mazlish (1999) (ISBN 0-380-81196-0)

This book provides communication strategies for parents seeking to deal with common child rearing issues such as expressing anger appropriately, facilitating cooperation, and dealing effectively with family conflict.

Raising a Thinking Child: Help Your Child to Resolve Conflicts and Get Along With Others

Myrna Shure (2000) Theresa Foy DiGeronimo (ISBN 0671534637) Adult

This book is based on the “I Can Problem Solve” approach to positive parenting. It provides practical strategies to support children’s thinking and decision making beginning at age three or four.

CANCER

Kathy’s Hat - A Story of Hope ☺

Trudy Kaisher (1992) (ISBN 0-8075-4116-8)

A storybook of a young girl and her family’s experience with cancer.

CEREBRAL PALSY

Ballerina Dreams

Lauren Thompson(2008) (ISBN# 0312370296) 2008 ALSE Notable Children’s Book Ages 5 to 8

This is a true story of young five girls with Cerebral Palsy and other physical disabilities who want to become ballerinas. This amazing story is accompanied by exquisite photographs to document the girls’ progress with ballet lessons and the positive support given to them by their teachers. The story ends with a photo journal of the dance recital complete with costumes and an enthusiastic audience that helps the girls celebrate the realization of their dream.

Children With Cerebral Palsy: A Parent’s Guide

edited by Elaine Geralis (1991) (ISBN 0-933149-15-8)

This book covers a wide range of topics that may be of interest to parents during the child’s first five years of life with “Parent’s Statements” at the end of each chapter.

Cerebral Palsy-A Complete Guide for Caregiving ☺

Freeman Miller, MD and Steven J. Bachrach, MD (1995) (ISBN 0-8018-5091-6)

An extensive resource book for family members, health care professionals and individuals with cerebral palsy written by a team of experts associated with the Cerebral Palsy Program at the Alfred I. duPont Institute.

I'm The Big Sister Now

Michelle Emmert (1989) (ISBN 0-8075-3458-7)

Amy Emmert, the older sister of the author, was born with severe cerebral palsy. In this book, Michelle tells her sister's story.

Petey

Ben Mikaelson (1998) (ISBN 0786804262) Ages 10 and up

Petey, who was born in 1920 with cerebral palsy, was mistakenly institutionalized for the early years of his life. This book relates his experiences both during the difficult years in the institution, and after he is transferred to a nursing home and develops a meaningful relationship with a lonely teenager.

Rolling Along: The Story of Taylor and His Wheelchair

Jamee Riggio Heelan (2000) (ISBN 1561452194) Ages 5 – 8

This story is narrated by Taylor, a young boy with cerebral palsy. In the book he describes his condition, his daily activities, his frustrations and his strategies to achieve independence.

COMMUNICATION

Ben Has Something to Say: A Story About Stuttering ☺

Laurie Lears (2000) (ISBN 0-8075-0633-8)

A storybook about Ben and his fear of talking to people...until he is forced to talk to get something he really wants.

The New Language of Toys: Teaching Communication Skills to Children with Special Needs

Sue Schwartz and Joan E. Heller Miller (1996) (ISBN 0-933149-73-5)

This book offers guidance to both parents and professionals on ways to use everyday toys to stimulate language development in children with special needs from birth through six years of age.

DEVELOPMENTAL DELAY

Ruby in Her Own Time ☺

Jonathan Emmett (2003) (ISBN 0-439-57915-5)

This storybook about Ruby the duck explains how children learn and develop at different times.

DIABETES

Even Little Kids Get Diabetes ☺

Connie White Pirner (1991) (ISBN 0-8075-2159-0)

A storybook about a little girl with diabetes.

Sarah and Puffle

Linnea Mulder (1992) (ISBN 0-945354-42-8)

A storybook about a young girl, her diabetes care kit and her stuffed lamb, Puffle.

Sugar Isn't Everything

Willo Davis Roberts (1987) (ISBN 0-689-71225-1)

The story of Amy that will reassure and inform children with diabetes and the people who care for them.

DIVERSITY

All Kinds of Friends, Even Green ☺

Ellen B. Senisi (2002) (ISBN 1-890627-35-6)

This story is about friends in an early childhood inclusion program.

All the Colors We Are: The Story of How We Get our Skin Color

Katie Kissinger (1994) (ISBN 0-934140-80-4)

This book is written in both English and Spanish (both languages appear on the same page). Using color photographs, this book offers young children a simple, scientifically accurate explanation for how we get our skin color.

Becoming Naomi Leon

Pam Munoz (2004) (ISBN 0439269695) Ages 9 – 12

America's Award for Children and Young Adult Literature

This award winning book tells the story of a fifth grade girl living with her grandmother and her brother. Life changes when her mother appears at their door to begin a custody battle. Naomi's brother reacts by traveling to Mexico in search of their birth father. The story explores family dynamics and a teenager's search for family heritage.

Children Just Like Me: A Unique Celebration of Children Around the World ☺

Barnabas and Anabel Kindersley (1995) (ISBN 0-7894-0201-7)

This is a remarkable insight into the lives of children all over the world.

Different And Wonderful - Raising Black Children In A Race-Conscious Society

Darlene Powell and Derek S. Hopson (1990) (ISBN 0-671-75518-8)

The author explores the sometimes tough, sometimes unspoken, questions that face black middle-class today.

Elijah of Buxton

Christopher Paul Curtis (2007) (ISBN 0439023440) 2008 Coretta Scott King Award, Newberry Medal Ages 9 – 12

This book tells the story of Elijah Freeman, the first free born son of an escaped slave from the Elgin settlement in Canada located North of Detroit, Michigan.

Global Babies

Global Fund for Babies (2007) (ISBN 1580891748) 2008 ALSE Notable Children's Book

Ages Infants -3

This board book includes photographs of babies wearing traditional costumes representative of seventeen countries from around the world. The book has a meaningful message to share with our infants and toddlers: "No matter where you live or what you wear, you are beautiful and are loved."

Henry's Freedom Box

Ellen Levine (2007) (ISBN 043977733X) Ages 5 -8

This is the true story of Henry Brown, a slave who is separated from his family as a child, then again as an adult. After watching his wife and three children sold at a slave market, Henry enlists the help from an abolitionist doctor and mails himself in a box to a Philadelphia address. The book records the incredible journey North to freedom.

How My Family Lives in America ☺

By Susan Kuklin (1998) (ISBN 0613376560)

A glimpse at how three families impart a sense of ethnic identity to their children.

If a Bus Could Talk – The Story of Rosa Parks ☺

Faith Ringgold (1999) (ISBN 0-689-81892-0)

This storybook uses a talking bus to tell the story of Rosa Parks and the Civil Rights Movement.

Raising Black Children

James P. Conner, MD and Alvin F. Poussaint (1992) (ISBN 0-452-26839-7)

The authors offer comprehensive advice on common child rearing questions such as building self-esteem and helping black children cope with unconscious racism.

Raising The Rainbow Generation - Teaching Your Children To Be Successful In A Multicultural Society

Darlene Powell and Derek S. Hopson (1993) (ISBN 0-671-79806-5)

The book is designed to assist parents of children from age three through teen years to respect and appreciate cultural, ethnic and racial groups.

Some of My Best Friends are Polka-Dot Pigs

Sara Anderson (1996) (ISBN 0-9702784-0-3)

A storybook about all types of friendships.

The Story of Ruby Bridges ☺

Robert Coles (1995) (ISBN 0590572814)

The brief story of a young girl's experience with desegregation in the 1960s in New Orleans.

DOWN SYNDROME AND MENTAL RETARDATION

A Parent's Guide to Down Syndrome

Siegfried Pueschel (1993) (ISBN 1-55766-060-3)

This book looks at important steps and topics from infancy through adolescence.

Are There Stripes in Heaven? ☺

Lee Klein (1994) (ISBN 0-8109-6618-6)

A storybook about a boy and his older sister who has Down Syndrome and their different views of the world.

Babies With Down Syndrome - A New Parent's Guide

Edited by Karen Stray-Gundersen (1986) (ISBN 0-933149-02-6)

The book contains a can-do attitude with practical advice.

Charlsie's Chuckle

Clara Widess Berkus (1992) (ISBN 0-933149-50-6)

A story of an adventurous seven-year-old boy with Down Syndrome.

Children with Mental Retardation: A Parents' Guide

Romayne Smith (1993) (ISBN 0-933149-39-5)

This book is written for parents of children from birth through elementary school and is offered as a complete and compassionate guide to raising a child with mental retardation. Parent statements are an integral part of each chapter and support is offered on many subjects, including diagnosis, coping, early intervention, daily living and family life.

Communication Skills In Children With Down Syndrome

Libby Kumin (1994) (ISBN 0-933149-53-0)

A guide for parents dealing with communications skills from infancy through adolescence.

Count Us In: Growing Up With Down Syndrome

Jason Kingsley and Mitchell Lebitz (1994) (ISBN 0-15-622660-X)

These young individuals share their innermost thoughts, feelings, hopes and dreams, their friendships and experiences growing up with Down Syndrome.

Fine Motor Skills in Children with Down Syndrome: A Guide for Parents and Professionals ☺

Maryanne Bruni, BscOT(C) (1998) (ISBN 1-890627-03-8)

Written for parents, health professionals, and teachers, this is a practical and accessible guide to understanding and developing fine motor skills in children with Down syndrome.

Hope for The Families: New Direction For Parents of Persons With Retardation or Other Disabilities

Robert Perske (1981) (ISBN 0-687-17380-9)

Provides information and guidance on disabilities with a focus on mental retardation and "Consider These Options" sections with each chapter.

Our Brother Has Down Syndrome ☺

Shelly Cairo (1985) (ISBN 0-920303-31-5)

A story about Jai as seen through the eyes of his older sisters.

Retarded Isn't Stupid, Mom

Sandra Z. Kaufman (1988) (ISBN 1-55766-096-6)

A personal testimony of the challenges of mental retardation.

We'll Paint the Octopus Red ☺

Stephanie Stuve-Bodeen (1998) (ISBN 1-890627-06-2)

A sibling's guide to a new baby brother or sister with Down Syndrome.

DYSLEXIA

Helping Your Dyslexic Child: A Step-By-Step Program for Helping Your Child Improve Reading, Writing, Spelling, Comprehension, and Self Esteem ☺

Eileen M. Cronin (1997) (ISBN 0-7615-1004-4)

Beginning with a simple test that you conduct at home, the author presents you with a comprehensive and holistic program that any parent or teacher can easily use.

My Name is Brain Brian

Jeanne Betancourt (1995) (ISBN 0590449222) Ages 9 – 12

This is a story of Brian and his experiences in sixth grade after he is diagnosed with dyslexia. The book relates the changes that occur during the year as he receives help and support to successfully deal with his disability.

EPILEPSY

Becky the Brave – A Story about Epilepsy ☺

Laurie Lears (2002) (ISBN 0-8075-0601-x)

This storybook explains epilepsy from the perspective of Becky's younger sister.

Children With Epilepsy - A Parent's Guide

Patricia McGill Smith (1988) (ISBN 0-933149-19-0)

The book covers all aspects of this disability with a major emphasis on assisting parents and family members to handle difficult situations.

Lee - The Rabbit With Epilepsy ☺

Deborah M. Moss (1989) (ISBN 0-933149-32-8)

A storybook for young children who have epilepsy or have a sibling or friend with the disability.

FAMILY ISSUES

A Difference In The Family: Living With A Disabled Child

Helen Featherstone (1980) (ISBN 0-14-005941-5)

The author is an educator and mother of a child with severe disabilities. She discusses how the families cope with feelings of fear, anger, guilt and loneliness. The book will provide guidance and reassurance to families.

After the Tears: Parents Talk About Raising a Child with a Disability ☺

Robin Simons (1987) (ISBN 0-15-602900-6)

This is a wonderful collection of stories from parents about their experiences raising their child with special needs. The book is very emotional and honest.

Building the Healing Partnerships

Patricia Taner Leff and Elaine H. Walizer (1992) (ISBN 0-914797-60-3)

This book is frank, and the stories and perspectives are sharp and focused. The book is an empathic and practical guide for the families of chronically and severely ill children and those who care for them.

Child Soup for the Soul: Children With Special Needs

Jack Canfield, Mark Victor, Heather McNamara and Karen Simmons (2007) (ISBN 0757306209)

Adult

These inspirational stories offer support for families, teachers, and all caregivers who work with children with special needs.

Each Little Bird That Sings

Deborah Wiles (2005) ISBN 0152051139) Ages 9 – 12

Golden Kite Award Children's Choice Award

This book tells about a family in a small town in Mississippi, who in spite of running a funeral parlor, have difficulty dealing with the death of their great-great grand aunt and uncle. The story focuses on the ten year old daughter and her journey to understanding and accepting death.

Elephant in the Play Room: Ordinary Parents Write the Extraordinary

Denise Brody, Daniel Friedman, Ed. (2007) (ISBN 1594630356) Adult

This book is a collection of reflections from families of children with special needs. The book captures the highs and lows of dealing with the emotional, medical and social challenges that moms and dads face as they try to create a normal environment for their family while enduring chaotic experiences.

Enabling and Empowering Families

Carl Dunst, Carol Trivette and Angela Deal (1989) (ISBN 0-914797-59-X)

This is a book for professionals with information on family systems, assessment and intervention.

First Year of Life (The)

Nina R. Lief and Mary Ellen Fahs (1991) (ISBN 0-8027-7349-4)

The Early Childhood Development Center's Parenting Series book on baby and parent during the first year of life.

For Better, For Worse: A Guide to Surviving Divorce for Preteens and Their Families

Janet Bode and Stan Mack (2001) (ISBN 0-689-81945-5)

The authors explore the feelings of more than a thousand students, as well as parents, therapists, religious leaders, teachers, and others they met during interviews. They offer first-person accounts that detail the effects of divorce and offers solutions that have worked, along with a separate section geared to adult readers aimed to help them minimize both the short-term and long-range impact of divorce on their children.

Friends In The Park

Rochelle Burnett (1992) (ISBN 1-56288-347-X)

This picture storybook invites the readers to join a group of young children with varying abilities as they spend a day at the park.

How To Collect Your Child Support

Julieann Griffin (1995) (ISBN 1-55850-513-X)

This book provides information varied issues such as locating an absent parent who will not pay support, the support order, contested paternity, and international support arrangements.

Jazz Babies

Lisa Wheeler (2007) (ISBN 0152025227) 2008 Theodore Suess Geisel Award Ages 4-8

An African American family enjoys an impromptu upbeat dance party that focuses attention on their baby and includes brothers and sisters, cousins and neighbors in a captivating jam session.

Keys To Parenting Twins

Karen Kerhoff Gromada and Mary C. Hurlburt (1992) (ISBN 0-8120-4851-2)

The book provides guidelines from early in the pregnancy through elementary school.

Kids Explore The Gifts of Children With Special Needs ☺

Westridge Young Writers' Workshop (1994) (ISBN 1-56261-156-9)

Written by third-to-sixth graders, this book profiles ten courageous young people, answering children's questions about disabilities with candor and sensitivity.

Koko Bear's New Potty

Vicki Lansky (1986) (ISBN 0-553-34444-7)

A storybook about a bear with positive tips on toilet training.

Little Tree-A Story for Children With Serious Medical Problems

Joyce C. Mills (1992) (ISBN 0-945354-51-7)

A storybook that both parent and child can read for inspiration.

Missing Rabbit ☺

Roni Schotter (2002) (ISBN 0-618-03432-3)

A storybook about a little girl who divides her time between her mother's and father's respective homes.

Nobody's Perfect: Living and Growing With Children Who Have Special Needs ☺

Nancy Miller (1994) (ISBN 1-55766-143-X)

A personal account and well-researched information to help parents of children with special needs.

One of the Problems of Everett Anderson ☺

Lucille Clifton (2001) (ISBN 0-8050-5201-1)

A storybook about Everett and his friend Greg and how Everett handles his concern about Greg's bruises and sadness.

One Miracle At A Time

Irving R. Dickman with Dr. Sol Gordon (1993) (ISBN 0-671-78934-1)

This book offers families information available on new developments, saving at-risk newborns, advances in assistive technology and full inclusion in the school system.

Parenting the Hurt Child – Helping Adoptive Families Heal and Grow ☺

Gregory C. Keck, PhD and Regina M. Kupecky, LSW (2002) (ISBN 1-57683-314-3)

A guide for adoptive parents on how to develop strong attachment bonds and successfully parent child who have been emotionally hurt.

Ready for Life

NAEYC DVD www.naeyc.org Stock Number 806

This documentary tells the story of six young children and their families. It provides guidance on nurturing confident and emotionally healthy children in a challenging world. The video includes discussions on diverse family situations.

Second Year of Life (The)

Nina R. Lief with Mary Ellen Fahs (1991) (ISBN 0-8027-7350-8)

This book discusses in detail both baby and parent during the child's second year of life. This is part of the Early Childhood Development Center's Parenting Series.

Solve Your Child's Sleep Problems

Richard Ferber, MD (1985) (ISBN 0-671-62099-1)

Practical advice on how to handle sleep problems for children including a bibliography of children's "go-to-sleep" books.

Step-by-Step Parenting: A Guide to Successful Living with a Blended Family ☺

James D. Eckler (1993) (ISBN 1-55870-294-6)

This book covers every aspect of step-parenting: the power struggles between the natural parents and stepparents, the manipulative games children play, the rights of the stepparent, name changes, the pros and cons of adoption, the role of grandparents...and much more.

Stepparenting - The Family Challenges Of The Nineties

Jeannette Lofan CSW With Dawn B. Sova (1985, 1995) (ISBN 0-8217-4958-7)

The book provides practical, timely advice for dealing with this challenge.

Steps to Independence: Teaching Everyday Skills

Bruce Baker, Jan Blacher and Alan Brightman (2003) (ISBN 1557666970) Adult

This resource provides many specific ideas to help break down every day tasks into smaller steps to support independent functioning of children with special needs.

Toddlers And Parents - A Declaration of Independence

T. Berry Brazelton, MD (1994) (ISBN 0-440-50643-3)

This book contains good advice on raising toddlers including how to address working parents' stress.

Two Homes

Claire Masurel (2003) (ISBN 0763619841) Ages 3 to 6

Four year Alex narrates a story of his parents' divorce in a very positive, upbeat manner. She states, "I have two rooms" then goes on to describe her space in her father's home and her mother's apartment. She tells how both parents continue to love and take care of her even though they live apart.

Zachary's New Home: A Story for Foster and Adopted Children ☺

Geraldine M. Blomquist, M.S.W. & Paul B. Blomquist (1990) (ISBN 0-945354-27-4)

This story warmly expresses the genuine trauma of children who are placed in foster and adoptive care.

FATHERHOOD

Dad and Me in the Morning ☺

Patricia Lakin (1994) (ISBN 0-8075-1419-5)

A storybook about a little boy with a hearing impairment and his father and their special trip one morning.

Dad, Jackie And Me

Myron Ulberg (2005) (ISBN 1561453293) Ages 8 – 12 (Younger for Read Aloud) Schneider Award

This book tells Uhlberg's true story growing up as a hearing child with deaf parents. The story focuses on his father's sense of connection with Dodger first baseman, Jackie Robinson, and the relationship that builds between father and son resulting from their shared interest in baseball.

Daddy Poems ☺

John Micklos, Jr. (2000) (ISBN 1-56397-735-4)

From morning routines to bedtime rituals, piggyback rides to wild and wacky baths, *Daddy Poems* offers a wide range of poems that dads (and others) will enjoy sharing with children again and again.

Fathers and Babies - How Babies Grow And What They Need From You

Jean Marzollo (1993) (ISBN 0-06-096908-3)

This book provides step-by-step instructions accompanied by humorous real life pictures that show fathers what to do with babies.

Fathers and Toddlers

Jean Marzollo (1994) (ISBN 0-06-096907-5)

How toddlers grow and what fathers can do with them from 18-36 months.

Reading with Dad ☺

Richard Jorgenson (2000) (ISBN 0-931674-41-7)

This book teaches valuable lessons through its lyrical words and warm illustrations.

The Father's Almanac

Adam Sullivan (1992) (ISBN 0-385-42625-9)

The book offers practical advice on fathering infants, toddlers and preschoolers.

Uncommon Fathers

Edited by Donald J. Meyer (1995) (ISBN 0-933149-68-9)

This is a collection of honest and emotional essays written by nineteen fathers of children with special needs. The essays are arranged according to the age of the authors' children to give readers a perspective of how fathers' issues can change over time.

What Dads Can't Do ☺

Douglas Wood (2000) (ISBN 0-689-82620-6)

A storybook that describes how Dads show love by explaining all the things they cannot do.

What It Means to Be Daddy: Fatherhood for Black Men Living Away from Their Children ☺

Jennifer Hamer (2001) (ISBN 0-231-11555-5)

This myth-shattering book challenges stereotypes of negotiating parenthood within the context of poverty, live-away status, and black American manhood. In this book, contemporary black live-away fathers talk about their goals, walk us through their workplaces, allow us to meet their families and children, and enable us to view the world of parenthood through their eyes.

GRANDPARENTS

Grandparents as Parents: A Survival Guide For Raising A Second Family

Sylvie deToledo and Deborah Elder Brown (1995) (ISBN 1-57230-020-5)

This book was written by a grandmother who has been through a broken family and chose to be there for other grandparents.

The Encyclopedia Of Grandparenting: Hundreds Of Ideas To Entertain Your Grandchildren

Rosemary Dalton and Peter Dalton (1990) (ISBN 1-55867-004-1)

This book provides ideas on outdoor activities, quiet diversions, hobbies, and so on.

The Magic Of Grandparenting

Charmaine L. Ciardi, Ed.D, Cathy Nikkel Orme and Carolyn Quatrano (1995)

(ISBN 0-8050-4075-7)

This book looks at the important bond between grandparents and grandchildren.

GUIDES AND RESOURCE BOOKS

Best Books for Kids Who Think They Hate to Read ☺

By Laura Backes (2001) (ISBN 0761527559)

This book is a list of 125 books that are certain to ignite your child's interest in reading. You'll find a variety of titles with real kid appeal—the best of the best for children of all reading levels.

Children With Disabilities: A Medical Primer

Mark L. Batshaw (1992) (ISBN 1-55766-102-2)

This book is an universal resource from a medical viewpoint for everyone addressing needs of children with disabilities.

Creative Play Activities For Children With Disabilities: A Resource Book For Teachers and Parents

Lisa Rappaport Morris and Linda Schulz (1989) (ISBN 0-87322-933-9)

A book with 250 games and activities designed to help infants to children 8 years old with all types of disabilities.

Family-Centered Early Intervention With Infants and Toddlers

W. Brown, S.K. Thurman and L. Pearl (1993) (ISBN 1-55766-124-3)

This book provides a detailed explanation of the provisions of the infant and toddler section (Part H) of the Individuals with Disabilities Education Act and examines recommended best practices in early intervention.

Ordinary Families Special Children - A System Approach To Childhood Disability

Milton Seligman and Rosalyn Benjamin Darling (1989) (ISBN 0-89862-592-0)

The book demonstrates how to apply a system approach to assessment, includes a family needs assessment and describes specific individual, group and family intervention.

The Early Intervention Dictionary ☺

Jeanine G. Coleman (1993) (ISBN 0-933149-62-X)

This guide defines and clarifies terms used by the many different medical, therapeutic, and educational professions who provide early intervention services.

The Portable Pediatrician ☺

Linda Walther Nathanson, MD (2002) (ISBN 0-06-093847-1)

A reference guide for children's growth, development, health, and behavior from birth to age five.

The Resource Guide for the Disabled

Gayle Backstrom (1994) (ISBN 0-87833-845-4)

This book will assist in locating educational assistance, vocational training, medical care and information, recreational and travel opportunities and other information of interest to individuals with disabilities.

The Special Education Sourcebook: A Teacher's Guide to Programs, Materials and Information Sources

Michael S. Rosenberg and Irene Edmond-Rosenberg (1994) (ISBN 0-933149-52-2)

This is a resource book for teachers/educators to help them locate books, periodicals, multi-media and computer-based materials to aid them in meeting the needs of students with a wide variety of learning abilities. Also included are materials on behavior management and building relationships between parents and education professionals.

Wings to Fly: Bringing Theatre Arts to Students with Special Needs

Sally Dorothy Bailey (1993) (ISBN 0-933149-58-1)

This is a handbook for special education and drama teachers at the elementary through high school levels. It provides proven techniques and lesson plans to teach drama to students with a wide array of special needs in an academic and theatre setting.

You, Your Child and "Special Education" – A Guide To Making The System Work

Barbara Coyne Cutler. (1993) (ISBN 1-55766-115-4)

A guide that will give parents a problem-solving approach to the education system.

Your Child and Health Care: A Dollar and Sense Guide For Families With Special Needs

by Lynn Robinson Rosefield (1994) (ISBN 1-55766-154-5)

The book helps parents negotiate the maze of financial assistance programs, organizations and government services.

HIV/AIDS

Be A Friend - Children Who Live With HIV Speak

Lori S. Wiener, April Best and Phillip A. Pizzo (1994) (ISBN 0-8075-0590-0)

Simple and powerful writings and drawing express their hopes and fears.

You Can Call Me Willy -- A Story For Children About AIDS ☺

Joan C. Verieno (1995) (ISBN 0-945354-60-6)

A storybook about an 8-year-old with AIDS which helps others understand her illness.

INCLUSION

A Place for Me: Including Children With Special Needs in Early Care and Education

NAEYC (1994) (ISBN 0935989599 NAEYC #237 Adults)

This book gives very helpful strategies for making inclusion a successful experience for all children and teachers in child care settings.

I Can, Can You?

Marjorie Pitzer (2004) (ISBN 1890627577) Infants and Toddlers

This board book has photos of adorable infants and toddlers with Down Syndrome doing typical everyday activities. The repetitive text communicates the simple message, "I can!"

My Thirteenth Winter: A Memoir

Schneider Award

Samantha Abeel (2003) (ISBN 0439339049) Ages 9 and Up

Abeel writes about her life with a learning disability from kindergarten through college. She tells about her struggles completing simple tasks such as counting change and remembering her locker combination. The book relates her journey from frustration and social isolation to confidence and acceptance of her abilities and disabilities.

Someone Special Just Like You

Tricia Brown (1995) (ISBN 0805042687) Ages 3 - 5

This book celebrates children of all abilities and disabilities. The black and white photographs and simple text promotes a warm, positive message focused on similarities rather than differences.

Thank You Mr. Falker

Patricia Polacco (2001) (ISBN 0399237324) Ages 4 – 8

Polacco shares her experiences dealing with dyslexia as a child including her disparity between her desire for "the sweetness of knowledge" that her grandfather instilled in her, and the daily frustrations of life as a struggling reader. In fifth grade, Polacco's life changes because of the careful guidance of her teacher, Mr. Falker, who focuses on Polacco's strengths and transforms her into a talented student and a confident, successful reader.

I'm Tyler

DVD (2006) www.imtyler.org Ages 12 to adult

Tyler is a 16 year old boy with cerebral palsy who is determined to communicate his message of Ability Awareness. His message for the world is that what any person can do is much more important than what he or she can't do. This DVD began as an Eagle Scout project and now continues to communicate the benefits of inclusion.

MOTHERHOOD

Breastfeeding Your Baby: A Practical Guide for the New Mother

Nursing Mothers' Council of the Boston Association for Childbirth Education (1989)

(ISBN 0-89529-387-0)

This guide book contains practical tips and advice to accompany the nursing mother from pregnancy to baby's first spoonful of solid food. For those mothers with special needs, the book provides lists of support groups, sources for nursing aids, and recommended readings.

Days in Waiting: A Guide to Surviving Pregnancy Bedrest

Mary Ann McCann (2006) (ISBN0965084817) Award winner

This is a guide for women who need to undergo bedrest during pregnancy. This revised edition includes a chapter on bedrest exercises as well as suggestions for managing time, money and emotions.

Eating Expectantly: A Practical and Tasty Guide to Prenatal Nutrition ☺

Bridget Swinney (2000) (ISBN 0-671-31820-9)

A resource guide for expectant mothers which deals with nutrition and overall prenatal care.

From the Heart: On Being the Mother of a Child with Special Needs

Jayne D. B. Marsh (1995) (ISBN 0-933149-58-1)

This book of narratives was written by nine mothers whose lives were touched by children with a variety of special needs, including autism, Down syndrome, cerebral palsy and ADD. Personal stories are shared to reassure other parents that they are not alone.

The Single Mother's Book

Joan Anderson (1990) (ISBN 0-934601-84-4)

A practical book for single mothers on managing children, career, home, finances and many other common concerns.

When Mommy Is Sick ☺

Ferne Sherkin-Langer (1995) (ISBN 0-8075-8894-6)

A storybook for children about a little girl whose mother has frequent stays in the hospital.

NEUROMUSCULAR

Raising a Child with a Neuromuscular Disorder: A Guide for Parents, Grandparents, Friends, and Professionals ☺

Charlotte Thompson (1999) (ISBN 0-19-512843-5)

This book provides not only medical facts but also much practical advice on how to cope with the many challenges of day-to-day parenting a child with neuromuscular disease.

NEW EXPERIENCES

I Am Not Going to School Today! ☺

Robie H. Harris (2003) (ISBN 0-689-83913-8)

A storybook about a little boy who decides to skip school instead of facing a new experience.

Welcome to Kindergarten ☺

By Anne Rockwell (2004) (ISBN 0802787452)

A quiet, reassuring look at kindergarten routines, designed to ease children's fears.

NUTRITION

Helping Your Child Overcome an Eating Disorder: What You Can Do At Home ☺

By Bethany A. Teachman (2003) (ISBN 1572243104)

This guide shows parents how to talk with their children about this touchy subject, access the latest cognitive-behavioral techniques, deal with eating and exercise in the home, find a good therapist, and take charge of ensuring a child's recovery.

Sugar-Free Toddlers -Over 100 Recipes

Susan Watson (1991) (ISBN 0-913589-57-8)

A cookbook for healthy eating habits with sugar-rated evaluations for store-bought items.

PHYSICAL DISABILITIES

Accessible Gardening for People with Physical Disabilities

Janeen R. Adil (1994) (ISBN 0-933149-56-5)

This book provides the expertise and practical know-how necessary for designing, planting, and maintaining a garden that suits the needs of people with physical disabilities along with guidance for gardening with children with special needs. Mail-order sources are provided for tools, seeds, plants, etc. and tips are given for adapting "standard-issue" tools.

Arnie And The New Kid ☺

Nancy Carlson (1990) (ISBN 0-14-050945-3)

A storybook about being the new kid in school and in a wheelchair.

Ballerina Dreams

Lauren Thompson (2007) ALSE Notable Children's Books

This is a true story of five girls with Cerebral Palsy and other physical disabilities who want to become ballerinas. The story is accompanied by exquisite photographs to document the girls' amazing determination and the continuing encouragement and support from their teachers.

Berenstain Bears And The Wheelchair Commando (The) ☺

Stan and Jan Berenstain (1993) (ISBN 0-679-84034-6)

A storybook about the Berenstain Bears, a friend in a wheelchair and a basketball game.

Building For A Lifetime - The Design and Construction Of Fully Accessible Homes

Margaret Wylde, A. Baron-Robbins and S. Clark (1994) (ISBN 1-56158-036-8)

The book shows the construction of homes and how the home can be distinctive and attractive yet fully accessible.

Children with Facial Difference: A Parents' Guide

Hope Charkins (1996) (ISBN 0-933149-61-1)

Written by the mother of a child with facial difference, this book offers information and support in understanding and coping with the many challenges presented to children and parents, including medical, emotional, social, educational, legal and financial issues.

Does My Child Had a Speech Problem? ☺

Katherine L. Martin (1997) (ISBN 1-55652-315-7)

This book describes language and speech problems in children.

Featherless/Desplumado

Juan Felipe Herrera (2004) (ISBN 0892391952) Ages 4 – 8 Bilingual

This is the story of Tomasito, a Latino child with spina bifida who moves around in a wheelchair. His father buys him a pet, a featherless parrot who cannot fly, to help him transition to school. The parrot helps Tomasito learn that there is more than one way to fly or play soccer.

Good Answers To Tough Questions About Physical Disabilities ☺

Joy Berry (ISBN 0-516-22954-0)

The book answers questions children ask regarding physical disabilities.

How It Feels To Live With a Physical Disability

Jill Krementz (1992) (ISBN 0-671-72371-5)

This book uses text and photos to tell the stories of courage, accomplishments and disappointments of children from 6 to 16 years.

Imagine Me On A Sit-Ski

George Moran (1995) (ISBN 0-8075-3618-0)

The storybook of a boy in a wheelchair learning to ski.

Parent's Guide to Coaching Physically Challenged Children (The)

Richard Zulewski (1994) (ISBN 1-55870-347-0)

The book assists in working with players and learning how to communicate, understand the challenges they face and know the importance of Special Olympics.

Princess Pooh

Kathleen M. Muldoon (1989) (ISBN 0-8075-6627-6)

A storybook about the experiences of two sisters, one of whom is in a wheelchair.

Raising A Child Who Has A Physical Disability

Donna G. Albrecht (1995) (ISBN 0-471-04240-4)

This book includes chapters on finding the right physical and mental health professionals, solving stressful situations within the family, managing medications and so on.

Special Parents, Special Children

Joanne E. Berstein and Bryan J. Fireside (1991) (ISBN 0-8075-7559-3)

In this book, young and old members of four families discuss what it is like when a parent has a physical disability.

Thumbs Up, Rico

Maria Testa (1994) (ISBN 0-8075-7906-8)

A storybook about a boy, a basketball game and the Special Olympics.

Very Special Critter (A) ☺

Gina and Mercer Mayer (1992) (ISBN 0-307-12763-X)

A storybook about a new critter in school who uses a wheelchair.

POSTPARTUM

Postpartum Survival Guide

Dunnewold and Sanford (1994) (ISBN 1-879237-80-6)

This book teaches skills for handling difficult situations with postpartum depression.

PREMATURITY

Alex: The Fathering of a Preemie

Jeff Stimpson (2004) (ISBN 0897335287)

The author relates the story of his son's first seven years of life beginning with his premature birth, hospital stay and transition to home. He discusses the emotional and medical struggles faced by parents of a child with severe medical needs.

No Bigger than My Teddy Bear

Valerie Pankow (2004) (ISBN 097284600X) Ages 4 – 8

The book is a child's recounting of her premature baby brother's care in a Neonatal Intensive Care Nursery.

Preemies: The Essential Guide for Parents of Premature Babies ☺

Dana Wechsler Linden, Emma Trenti Paroli, and Mia Wechsler Doron, M.D. (2000) (ISBN 0-671-03491-X)

Two of the authors are mothers of children who were born prematurely and have joined with neonatologist Mia Wechsler Doron to provide families with this engaging and fact-filled reference that guides new parents through the many questions and uncertainties of anticipating and caring for a premature baby.

The Premature Baby Book - A Parent's Guide to Coping and Caring ☺

Helen Harrison (1983) (ISBN 0-312-63649-0)

Written by the mother of a premature baby, the author discusses what parents want and need to know.

Your Premature Baby - Everything You Need To Know About the Childbirth, Treatment and Parenting Of Premature Infants

F. Manginello and T. F. DiGeronimo (1991) (ISBN 0-471-53587-7)

As the title suggests, this book contains helpful information on premature births.

Your Premature Baby – The First Five Years ☺

Nikki Bradford (2003) (ISBN 1-55297-655-6)

This book is a general resource for parents who wish to understand more about their child's condition when born prematurely.

SENSORY CONDITIONS

A Place For Grace

Jean Davies Okimoto (1993) (ISBN 0-912365-73-0)

A storybook, which introduces children to, the challenges of individuals who are deaf or hard-of-hearing and shows how people communicate through American Sign Language.

Animal Signs

Debby Slier (1995) (ISBN 1-56368-049-1)

A fun book to share with a baby while learning sign language for names of animals.

Choices in Deafness: A Parents' Guide to Communication Options

Sue Schwartz (1996) (ISBN 0-933149-85-9)

This book provides medical, audiological and educational information to assist parents in identifying the educational approach most suited to their child's unique and individual needs. The auditory-verbal approach and the bilingual-bicultural approach are just two of the many topics covered.

Deaf Musicians (The)

Pete Seeger, Paul DuBois (2008) (ISBN 039924316X) Ages 5–8 Schneider Family Book Award

Lee loses his job as a piano player in a band after losing his hearing. He meets Max, a saxophone player at a school for the deaf. After learning sign language, the two men communicate while riding the subway. Soon, another musician, a bass player, joins the group. The three form a "Subway Band" to the delight of the commuters.

Deaf-Blind Infants and Children: A Developmental Guide

J. M. McInnes and J. A. Treffrey (1982) (ISBN 0-8020-7787-0)

This book provides day-to-day guidance and suggestions about methods for assessing and working with children who are deaf and blind.

Early Focus: Working with Young Blind and Visually Impaired Children and Their Families

Rona L. Poggrund, Diane L. Fazzi and Jessica S. Lampert (1994) (ISBN 0-89128-215-7)

This resource is for professionals and parents and makes understandable the experience and knowledge of optometry, psychology, occupational therapy and social work. The book also addresses issues related to cultural sensitivity and working with families from various minority groups. Each chapter has a specific focus; i.e., family, vision, social, etc.

I Can't Always Hear You

Joy Zelonky (1991) (ISBN 0-8172-1355-4)

A storybook about a girl who wears a hearing aid and her first day in a regular school.

Moses Goes to a Concert ☺

Isaac Millman (1998) (ISBN 0-374-35067-1)

Moses and his school friends are deaf, but like most children they have a lot to say. In this story, Moses and his classmates are going to a concert.

The Flying Fingers Club

Jean F. Andrews (1988) (ISBN 0-930323-44-0)

A mystery adventure for children in which sign language is used as the communication process for the children “detectives”.

SENSORY INTEGRATION

The Out-of-Sync Child: Recognizing and Coping with Sensory Integration Dysfunction ☺

Carol Stock Kranowitz, M.A. (1998) (ISBN 0-399-52386-3)

This is a written guide to Sensory Integration Dysfunction and a drug-free approach that offers new hope for parents.

SIBLINGS AND SPECIAL NEEDS

Best Worst Brother

Stephanie Stuve-Bodeen (2005) (ISBN1890627682) Ages 4 – 8

This tells the story of a sister who is trying to get along with her three year old brother with Downs Syndrome. The book examines the brother-sister relationships and the supports that a family creates to assist the little brother communicate while helping the sister feel less frustrated when dealing with her brother.

Brothers And Sisters: A Special Part Of Exceptional Families

Thomas H. Powell and Peggy Ahrenhold Gallagher (1990) (ISBN 1-55766-110-3)

A sensitive book about the issues with which siblings deal on a regular basis.

Living With A Brother or Sister With Special Needs – A Book For Sibs

Meyer, Vadasy and Fewell (1985) (ISBN 0-295-96272-0)

The author talks to children and attempts to answer questions including those they may not be comfortable asking parents.

Rules

Cynthia Lord (2007) (ISBN 0439443822) Schneider Family Award, Newberry Honor Award Ages 9 -12

Twelve year old Catherine struggles as the older sister of an autistic child. She tries to create order in her life as she takes care of her brother. Through her artwork, Catherine begins to communicate with a boy with a hearing impairment that she meets at her brother's therapy class. Through the friendship that develops, Catherine learns to understand her brother's disability and develop a caring relationship with her brother.

Views From Our Shoes: Growing Up with a Brother or Sister with Special Needs ☺

Donald Meyer (1997) (ISBN 0-933149-98-0)

Forty-five siblings share their experiences as the brother or sister of someone with a disability.

SOCIAL/EMOTIONAL DEVELOPMENT

Glad Monster, Sad Monster ☺

By Ed Emberley & Anne Miranda (1997) (ISBN 0316573957)

Monsters of different colors explain what makes them feel glad, sad, loving, worried, silly, and angry. Fold-out masks encourage readers to talk about their feelings.

On Monday When It Rained ☺

By Cheryl Kachenmeister (2001) (ISBN 0395519403)

A little boy's face mirrors his emotion with the wonderful directness of childhood.

SPANISH

Criando a Nuestros Ninos: Educando a Ninos Latinos en un Mundo Bicultural ☺

Gloria G. Rodriguez, Ph.D. (1999) (ISBN 0-684-84126-6)

This guide includes personal anecdotes, songs, recipes, and games, and provides a rich cultural framework to help you raise and educate in an effective and responsible way.

Delaware : Bilingual Book of the United States

Vanessa Brown (2005) ISBN 1404230734) Ages 7 to 10

This book tells about Delaware using photographs and bilingual text.

Hiperactivo, Impulsivo, Distráido ¿Me conoces? Guja acerca del deficit atencional para padres, maestros y profesionales ☺

Jose J. Bauermeister, Ph.D. (2000) (ISBN 1-57230-741-2)

This book offers an essential guide to Spanish-speaking families and teachers that face the challenge of attention deficit and hyperactivity in children.

My Colors, My World Mis colores, mi mundo

Maya Christina Gonzalez (2007) (ISBN 0892392215) Ages 9 to 12

A little girl and her feathered friend explore the Mohave Desert and discover the many colors around them.

My Pal Victor Mi amigo, Victor

Diana Gonzales Bertram (2006) (ISBN 0972019294) Ages 4 – 8

This bilingual book tells the story of two Hispanic boys who are friends. Victor is constantly cheering on Dominic, helping him gain confidence to try new things. There is a little twist in the plot at the end when it is revealed that Victor is the one with the disability.

Sindrome de Down Hacia un futuro mejor - Guia para los padres

Siegfried M. Pueschel (1993) (ISBN 84-458-0198-8)

This book looks at important steps and topics related to Down Syndrome from infancy through adolescence.

SPINA BIFIDA

Children with Spina Bifida: A Parents' Guide ☺

Marlene Lutkenhoff, R.N., M.S.N. (1999) (ISBN 0-933149-60-3)

This guide provides parents with information, guidance, and support to help meet their child's often intensive needs from birth through childhood.

SUDDEN INFANT DEATH SYNDROME

Stacy Had A Little Sister ☺

Wendie C. Old (1995) (ISBN 0-8075-7598-4)

A storybook designed to help children with their grief after losing a sibling to Sudden Infant Death Syndrome.

TOURETTE SYNDROME

Children With Tourette Syndrome - A Parent's Guide

Edited by Tracy Haerle (1992) (ISBN 0-933149-44-1)

This handbook offers concrete information and compassionate advice for dealing with Tourette Syndrome.

TRAUMA

Frankie Wonders What Happened Today ☺

Yvonne Conte (2001) (ISBN 0-9665336-2-3)

This book is a look through a 4-year-old's eyes at the horrific events of September 11th. The story guides Frankie through feelings of anger, confusion and fear.

The Day That Was Different: September 11, 2001: When Terrorists Attacked America ☺

Carole Marsh ((2001) (ISBN 0-635009-18-8)

Timely, factual, sensitive information for children about the day terrorists attacked America.

The Scared Child: Helping Kids Overcome Traumatic Events ☺

Barbara A. Brooks & Paul Siegel (1996) (ISBN 0-471-08284-8)

Here are detailed instructions, based on professional techniques, to encourage kids of any age--from toddler to teenager--to reveal their feelings through words, drawings, and role playing with step-by-step advice for reassuring them and helping them let go of their fear.

Your Anxious Child: How Parents & Teachers Can Relieve Anxiety in Children ☺

Dacey, Ladd, & Fiore (2000) (ISBN 0-7879-4997-3)

A proven four-step program provides you with easy, fun, and highly effective tools to help your child become a creative problem solver.

VISUAL IMPAIRMENTS

Baby Duck and the Bad Eyeglasses

By Amy Hest (2001) (ISBN 0613228162) Ages 4 - 8

Baby Duck is not happy with her new glasses. The book tells the story of how her grandfather helped her to cope with this challenge and learn to feel good about her new red glasses.

Brian's Bird ☺

Patricia A. Davis (2000) (ISBN 0-8075-0881-0)

A story about Brian and his brother Kevin and how Brian's pet bird brings them closer together.

Children with Visual Impairments: A Parents' Guide ☺

M. Cay Holbrook (1996) (ISBN 0-933149-36-0)

Written by parents and professionals, this guidebook was developed to help parents feel better equipped to raise a child with visual impairment. Topics covered include diagnosis and treatment, family life and adjustment, early intervention and legal issues.